

clearcorrect

# Straight-Talking Guide to ClearCorrect



**Thanks for downloading  
ClearCorrect's free  
Straight-Talking Guide  
to Orthodontics.**



**We've put together this guide to help you find out  
whether ClearCorrect could be your thing.**

If you like the sound of ClearCorrect - our discreet removable aligner - why not look for a provider in your area.

And, if you'd like to see exactly what it could do for your smile, be sure to visit [www.myclearcorrect.com](http://www.myclearcorrect.com) where you can try on a virtual ClearCorrect smile using our Vision app. You can also use SmileMate to get a fast, free email consultation from one of our experts.

We hope you love ClearCorrect as much as we do. Whatever you decide to do, we wish you the best of luck on your teeth straightening journey!

 **The ClearCorrect Team**

# Do I Really Need Teeth Straightening?

"I have crooked or overlapping teeth."

"I don't like the gaps between my teeth."

"I want to find an affordable solution."

"I don't like the look of train track braces."

"My crooked teeth stop me from smiling."

"I may be too old for braces."

"I'm unsure about my options."

Poorly aligned teeth (malocclusion) can be the cause of all sorts of unpleasant symptoms like headaches, jaw pain, breathing problems, changes in speech and more.

But the reasons most patients opt for teeth straightening are usually cosmetic. Gaps, overcrowding, misalignment and other orthodontic problems can make you feel like hiding away an otherwise winning smile.

It doesn't matter how insignificant such problems may seem to others - if they bother you, why not seek treatment.

If any of these thoughts are familiar, ClearCorrect could be the solution you've been waiting for.

# What is ClearCorrect?



ClearCorrect swaps steel brackets and wires for a series of custom-made, removable clear aligners.

Aligners extend gentle targeted pressure on the smile, and each new one you wear brings the teeth millimetres closer to their perfect position.

It's an altogether more gentle and discreet approach to gradually moving the teeth into an altogether more aesthetically pleasing position.

# ClearCorrect Can...

- ✓ Re-align your teeth
- ✓ Correct protruding teeth
- ✓ Correct overlapping teeth
- ✓ 'Twist' teeth into position
- ✓ Move teeth up or down to line up together
- ✓ Improve the way your teeth connect when you bite down
- ✓ Close unwanted gaps
- ✓ Make your smile wider

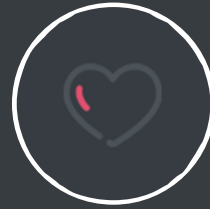


# ClearCorrect is...



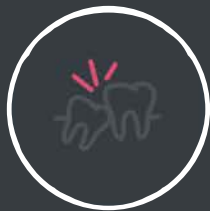
## Discrete

Only the truly eagle-eyed will ever know you're wearing an aligner.



## Comfortable

It's clear we've worked hard to make our aligner one of the most comfortable around.



## Versatile

ClearCorrect fixes a wide range of orthodontic problems from the simple to the complex.



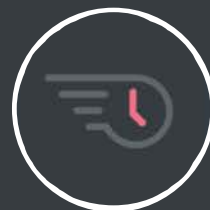
## Removable

Remove your aligner to eat, brush and floss. How's that for convenience!



## Easy to clean

Because no one likes having food stuck in their aligner.



## Fast and Effective

ClearCorrect works. The aligner enjoys a stellar success rate correcting alignment issues in as little as eight months.

# Your ClearCorrect Journey



## Find a ClearCorrect Dentist

At our lab, we only make aligners based on prescriptions from accredited dentists. If your regular dentist doesn't offer ClearCorrect, another one nearby probably does.

## Get Assessed

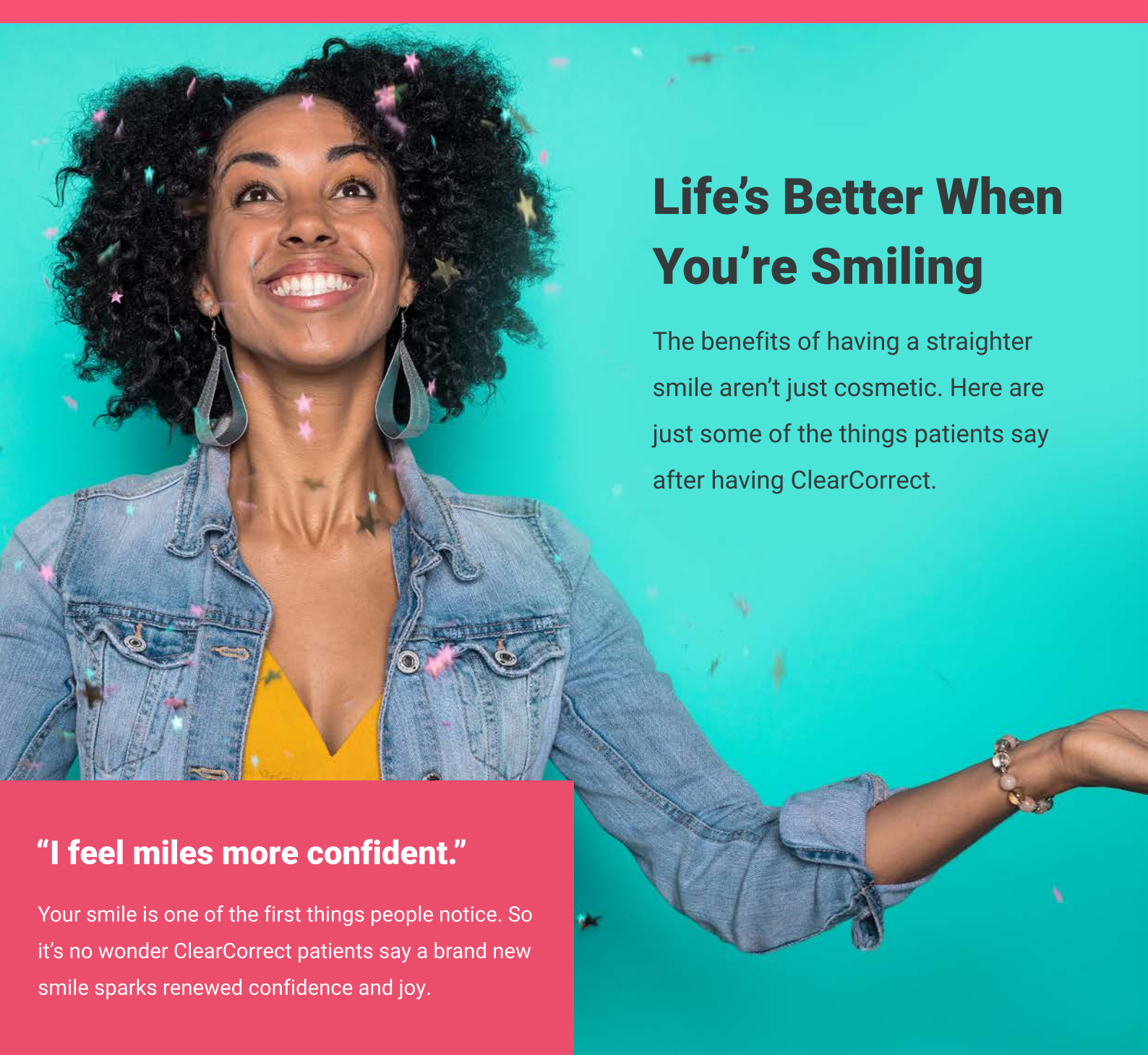
Your dentist will look at your records, take photos and assess your smile. If you're a good candidate for ClearCorrect, they'll take scans or impressions so we can make your custom aligners. Your dentist can also show you a preview so you can see your future smile before treatment starts.



## Your Treatment

Now the magic happens. Wear your aligners for 22 hours every day and you'll start to see and feel a fast improvement. Your ClearCorrect provider will regularly check treatment is going as planned and provide you with replacement aligners when you need them. Of course, every smile is different, but you should see the full results in around 8-14 months.





# Life's Better When You're Smiling

The benefits of having a straighter smile aren't just cosmetic. Here are just some of the things patients say after having ClearCorrect.

## **"I feel miles more confident."**

Your smile is one of the first things people notice. So it's no wonder ClearCorrect patients say a brand new smile sparks renewed confidence and joy.

## **"My teeth are easier to clean now the gaps are gone."**

Gaps in the teeth can affect more than just confidence. Trapped food can quickly cause a buildup of plaque and other nasties.

## **"Even my gums feel healthier."**

Healthy teeth mean healthy gums. Now it's easier to keep teeth healthy and clean, your gums will feel the benefit too.

## **"I'm glad I stopped tooth-wear in its tracks."**

Malocclusion is one of the most common causes of premature tooth-wear. Adjusting your bite with ClearCorrect puts a stop to tooth-wear for good.

## **"Now I can finally get the dental treatment I want."**

Straight, problem-free teeth can pave the way for other cosmetic treatments like whitening, cosmetic bonding and veneers.



# FAQs



## Is treatment comfortable?

We've designed ClearCorrect to be among the most comfortable orthodontic aligners available. We like to think we've found the perfect balance between comfort and treatment time.

Wearing ClearCorrect aligners isn't painful, but you may find it a little uncomfortable in the first days of treatment or when you progress from one aligner to the next. If you do experience discomfort, it shouldn't last longer than a day or two.

You may also notice changes to your bite - the way your upper and lower teeth connect. While that isn't painful, some people say it does take a little getting used to. Changes to your bite are often the first sign that your ClearCorrect aligner is beginning to work.

The longer you wear your aligners, the more comfortable and natural they'll feel.

## Are they really invisible?

While ClearCorrect aligners aren't quite invisible they're definitely not easy to spot, thanks to the medical-grade transparent plastic used for production. Most people won't notice you wearing your aligner. Occasionally, you may notice people do a double-take or ask what you are wearing on your teeth.



## Will it affect my speech?

Some patients notice a change in speech - usually lisping - when first trying on their aligner. It'll subside quickly but it's best to avoid making any grand speeches for an hour or two after leaving the clinic.

## How do I clean my aligners?

Some patients notice a change in speech - usually lisping - when first trying on their aligner. It'll subside quickly but it's best to avoid making any grand speeches for an hour or two after leaving the clinic.

## What are those weird bumps on my teeth?

Some patients notice a change in speech - usually lisping - when first trying on their aligner. It'll subside quickly but it's best to avoid making any grand speeches for an hour or two after leaving the clinic.

## How long does treatment take?

Treatment time all depends on your goals and the amount of tooth movement needed to achieve them. You should expect to spend anything from 8-14 months in treatment. Your dentist will be able to give you an estimated treatment time. Treatment can take longer if you can't commit to wearing your appliance for the recommended 22 hours a day.

## What is the daily wear time?

ClearCorrect aligners are designed to be worn throughout the day and removed only at mealtimes or for brushing and flossing. Your total daily wear should add up to 22 hours. Any less and you could find your teeth reverting to their former position, so sticking to your daily routine is key.

## Will I need to wear a retainer?

Just like with all other orthodontic systems, you may have to wear an aligner after treatment to prevent relapse. Your dentist can provide a comfortable retainer to wear at night while you sleep.

## What are ClearCorrect aligners made of?

Aligners are made from a polyurethane resin that has been specially formulated for ClearCorrect. The resin is strong and flexible with fantastic resistance to cracks and breaks. It's also resistant to staining. But the best thing about polyurethane is its exceptional clarity that makes the aligner so difficult to spot when you wear it.

## Do the aligners contain BPA or phthalates?

No. ClearCorrect aligners are made without BPA or phthalates. They are food-safe, biocompatible and approved for use in the US by the FDA.

## Can I still wear ClearCorrect if I'm pregnant or nursing?

Yes! ClearCorrect aligners are free from harmful chemicals and suitable for use when pregnant or breastfeeding. Always ask a dental professional if you are unsure or have questions.



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